

NIOS lesson adaptation project

by  **Embrace** The power within you! **Volunteers**

(A community initiative of Harchan Foundation Trust)

CHAPTER -21

ETHICS IN DAILY LIFE

This project is aimed at supporting children with different needs. Information provided is adapted to the best of knowledge by the volunteers. For complete information please refer to the NIOS resources in <https://www.nios.ac.in/online-course-material/secondary-courses.aspx>.

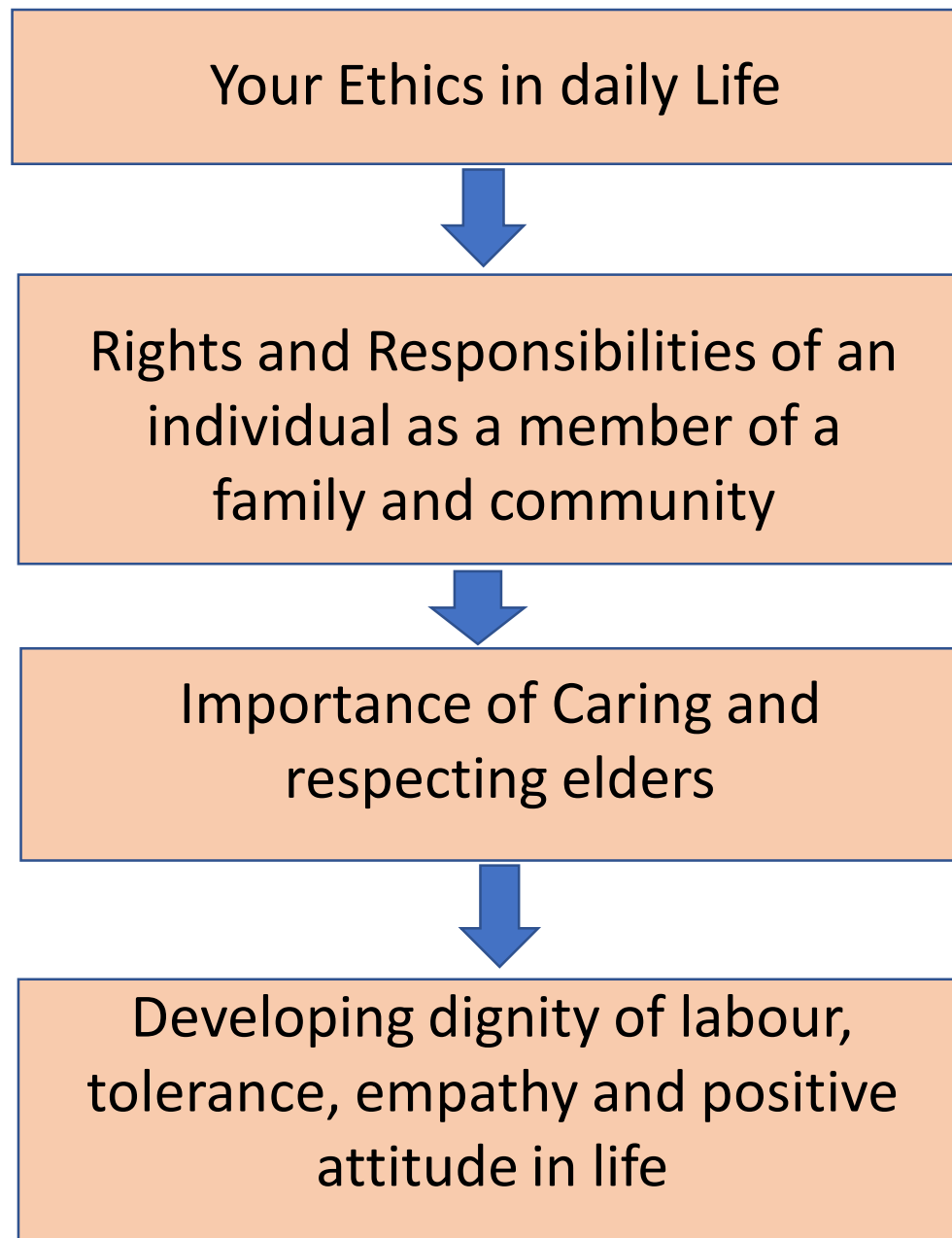
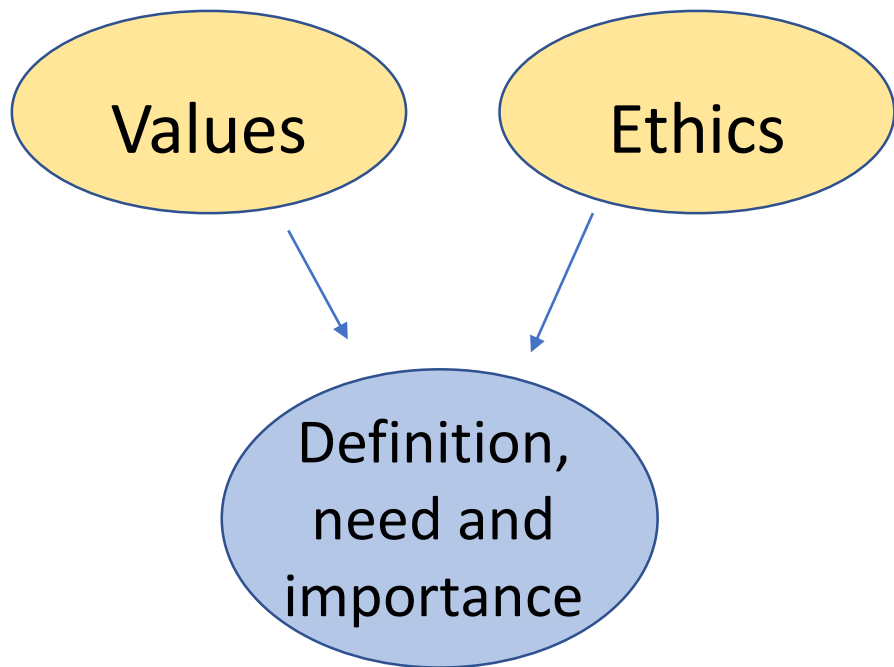
KWL Chart

K - What does the child KNOW	W - What does the child WANT to know	L - What has the child LEARNT
	Ethics and Values	
	Need and importance of Ethics	
	Rights, Responsibilities, importance of Family, Empathy, Tolerance	
	All jobs are equal	
	Communication, Positive Attitude	

Keywords and meanings

KEYWORD	MEANING
Loyalty	A strong feeling of support in spite of the situation at hand
Dignity	Right of a person to be valued with respect
Conducive	Making something to happen
Conscience	A person's moral sense of right and wrong.

Mind Map



Values & Ethics

Values	Ideas and beliefs we hold and learn from our childhood
Ethics	Ethics tests our values,it is the way we behave in difficult situation

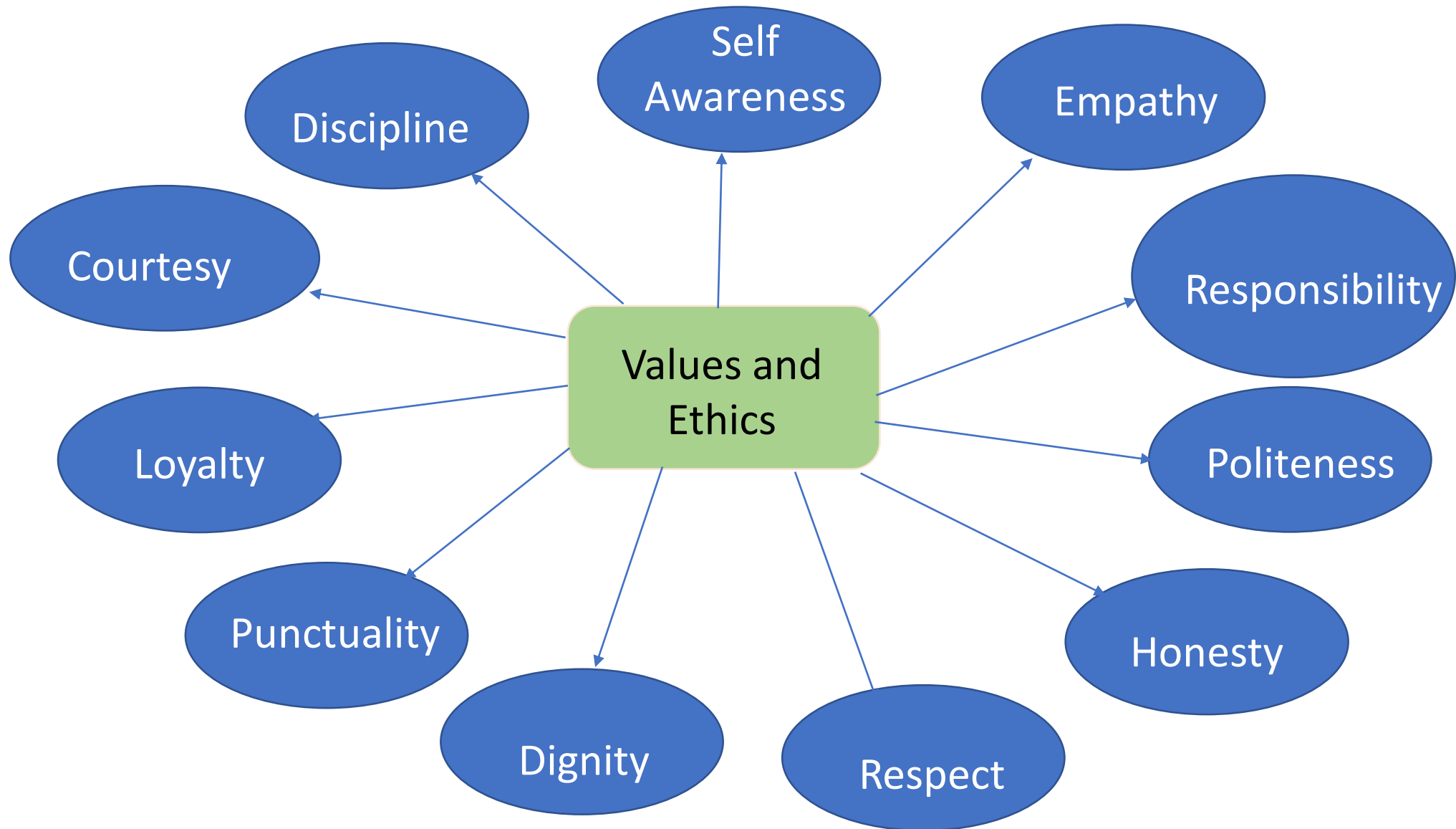
Example For Honesty

Asif was a driver, one day a passenger left his briefcase in his car. Asif Noticed this when he reached home. He opened the briefcase to find valuables and documents. He also found a card with name and address of the owner. He drove to the owner's house and returned the briefcase. The owner was grateful and rewarded for his honesty.

Honesty is the value that Asif holds which allowed him to make the right decision. He was also truthful and responsible. Suresh was Asif colleague who was holding a different set of values. He would cheat his passengers, whereas Asif would advice him to follow ethics in personal and professional lives.



What are values and ethics



Need and importance of ethics

When values are not practiced in society there will be:

- Loss of life and damage to public property.
- Break down of families.
- No law and order.
- Crime and Corruption.
- Alcohol and Drug Abuse.



Need and importance of ethics (contd..)

- Abuse of women, children and other vulnerable members of the society.
- Indiscreet use and wastage of resources.
- So if values are not practiced there will be crime and chaos in our society.

There will be total imbalance in the society if we do not practice values and ethics, so it becomes our responsibility as an individual to live ethically.



Values of Life	Values at workplace
Honesty and loyalty	Honesty and loyalty towards organization
Respect for work	Respect towards the work assigned
Punctuality , regularity and discipline	Punctuality , regularity and discipline
Courtesy and politeness with others	Courtesy and politeness with co workers
Judicious use of resources	Judicious use of resources
Taking initiatives	Willingness to take up new tasks
Efficiency	Efficiency in completing tasks

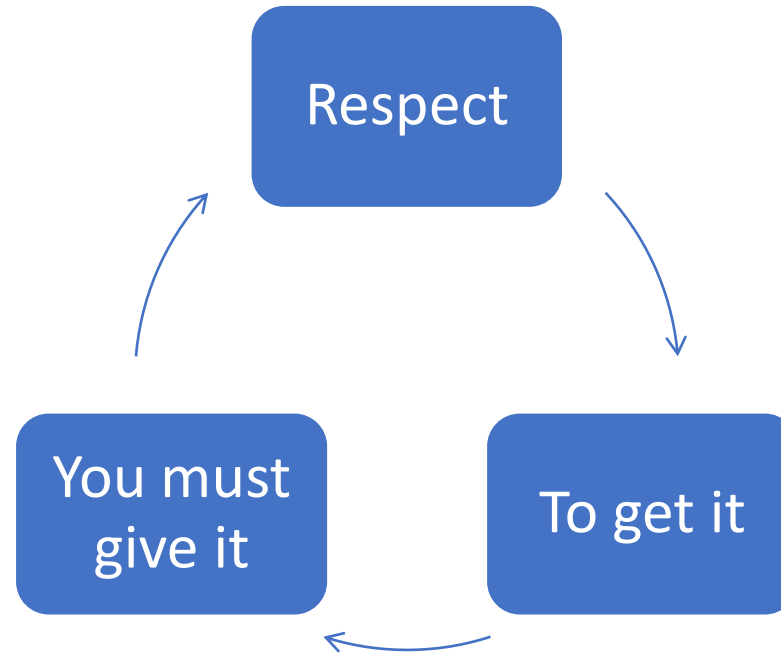
Rights and responsibilities of an individual

- We all live in family which nurtures us as individual.
- Family will help us to develop our abilities and improves the ability to dare to dream.
- Family provides an opportunity to learn and to establish and maintain healthy relationship.
- Social skills like caring, sharing, tolerance and empathy all are learnt in our homes.
- Responsibilities and rights go together and help in creating conducive environment.

Caring and respecting others

- ✓ Respect -> To get it, you must give it.
- ✓ One needs to respect everybody both elders and younger.
- ✓ Expressing your views is your right, but doing it respectfully is your duty!
- ✓ It is important to respect elders, but if you feel uncomfortable , do not hesitate to confide in a trusted adult

How Do you Earn Respect



Respect is one way of expressing our love and gratitude towards others. Sometimes you may not agree with their beliefs and views but you have to express it politely.

Caring and respecting others

Self evaluation (Sign of disrespect)

1. When you enter a room do you remember to greet every single person in the room?



2. When you visit a friend's house, do you remember to take leave from the elders of that house?



3. When your friends visit you, do you introduce them to your other family members?

Dignity Of Labour

- Dignity of labour mean that all jobs are respected equally and no occupation is considered superior over others.
- Dignity of labour mean that all jobs are respected equally and no occupation is considered superior over others.
- Earn your own living by honest means.
- Respectability lies not in the kind of work we do but how well it is done.

Dignity Of Labour

- A) Rajan was a fruit seller and Krishna, a seventy year old man was a roadside cobbler. Krishna would challenge Rajan to inspect for any fault in the repair work and then Rajan found any fault, Krishna would work again on it.

One day Rajan asked when he has three earning work? Krishna replied that he wished to earn hi



Example for Dignity Of Labour

B) A man came to a Prophet expecting a charity but the Prophet sold the man's only belonging's, a blanket and a leather bag for 2 dirham and he gave the money to the man and asked him to buy an axe, to cut and sell wood.



After 15 days the man earned 20 dirham and showed it to the Prophet. The Prophet said “This is good rather than begging”

Example for Dignity Of Labour

C) Guru Nanak, the first guru of the Sikhs also spoke of dignity of labour.

In a village there lived Malik Bhago, the rich zamindar of Saidpur Village and Bhai Lalo, a poor carpenter of the same village. Guru Nanak chose dry bread at Bhai Lalo's over the grand meal at Malik Bhago's, because dry bread was brought out of the money earned with head and honest labour.

Tolerance, empathy and positive attitude

Empathy is the capacity to recognize and share the feelings that are being experienced by others.

A Farmer had some puppies which he wanted to sell, so he put an advertisement. A little boy wanted to buy one. He did not have enough money to buy one. He pulled out Rs 10/- from his pocket and asked the farmer if it was enough to take a look at the puppies. The boy was happy.

Suddenly he noticed that one of the puppies had a limp and the farmer informed that the puppy will never be able to run and play with him. But the boy insisted on buying that particular pup only, because those who are not able to run and play have less friends and he did not want the pup to be lonely. The Farmer was moved by the empathetic gesture of the boy and handed over that puppy to him.

Positive attitude

A positive attitude leads to positive events in your life.

Mrs. Gill was a old and frail lady who visited a restaurant and was greeted with lots of love and affection by the owner. Another customer asked the owner about her. He told that Mrs. Gill was a new science teacher and their class was the naughtiest one. They gave her hard time but she never lost her temper. After a month she brought a bunch of paper and gave them the paper to write their strengths. She gave them an opportunity to use their strengths positively. These students went on to fulfil their dreams.

Tolerance

Tolerance is the ability to accept opinions and practices different from your own.

- Tolerance is a skill which helps us to live peacefully in the society.
- Living in society requires us to be tolerant towards the differences which present within us.
- We shouldn't be tolerant for injustice and corruption.
- Tolerance for wrong things is a great evil .

What Are Life Skills

Life Skills are “the abilities for adaptive and positive behaviour that enable individuals to deal effectively with the demands and challenges of everyday life”.

List of Volunteers

Embrace-NIOS lesson adaptation project

(A community initiative of Harchan Foundation Trust)

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"volunteers don't necessarily have the time, they just have the **HEART**."

~ elizabeth andrew

Thank You
Volunteers.

CREDITS

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